



UNLOCK YOUR TRUE POTENTIAL

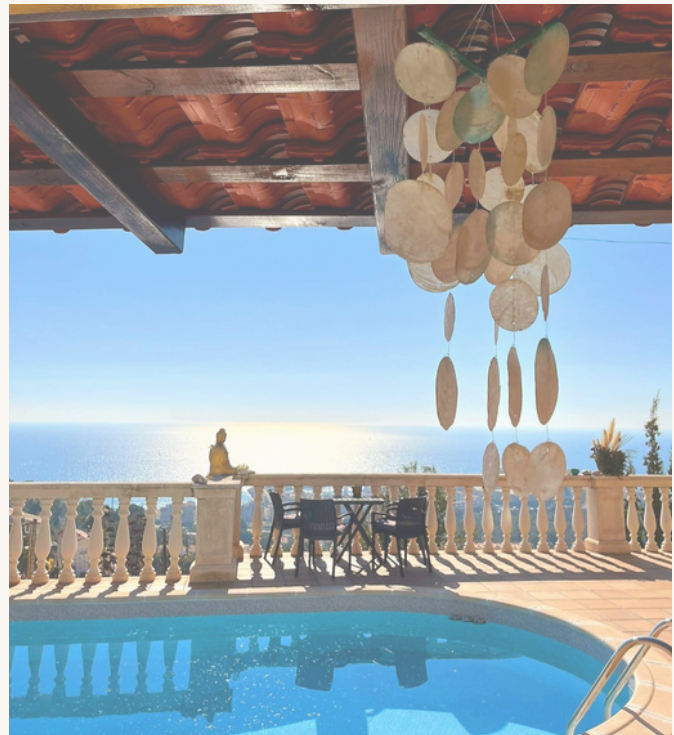
A TRANSFORMATIVE RETREAT WITH SPIRITUAL GUIDE LINDA ADESH

Dear Seeker of Transformation,

Embark on this intimate transformative journey with us in the idyllic setting of Ashram Villa Sunshine, Sitges, Spain. From Wednesday, 7th February to Sunday, 11th February 2024, immerse yourself in a comprehensive and enlightening experience designed to transcend ordinary boundaries.

What Awaits You:

- **Explore Who You Really Are:** Delve deep into self-discovery through profound transformational practices.
- **Family Constellation Healing:** Unravel and heal life's conditionings with Family Constellation practices, fostering inner harmony.
- **Reconnect with Your Soul:** Embrace your inner longing and uncover your soul cultivating a meaningful connection with yourself.
- **Restore and Strengthen:** Come back to your inner strength through deep meditation and yoga practices.
- **Transform** into the Best Version of Yourself: Initiate personal growth and evolution.
- **Awaken Your Lifepath:** Gain clarity and direction as you awaken your life's path, learn the art of divine manifestation.





Life Teachings from Linda Adesh:

As you partake in the retreat, benefit from the profound insights and teachings of Linda Adesh, a highly experienced spiritual teacher. Her extensive knowledge spans various practices, therapy, and holistic healing modalities, providing a unique and valuable perspective.

Yoga & Meditation and Mediterranean meals with Mikael Reuterberg

Mikael is the owner of Ashram Villa Sunshine. He will offer a powerful relaxing Feel Good Yoga for both body and soul. Mikael is also the main chef and will create delicious Mediterranean vegan and vegetarian meals during the retreat.

Ashram Villa Sunshine is a wellness villa with unbeatable views of the Mediterranean Sea in sunny Sitges next to Barcelona. The 4 floor villa have space up to 14 persons, with 3 double rooms and 2 apartments multi suites, spacious dining & yoga room and large outdoor terrace with salt water pool with sun roof.

Sitges is a picturesque town from 1900 century, with beautiful alleys, cozy restaurants and lovely beaches. Sitges have a micro climate with over 300 sunny days all year around.

So even in February, if the sun is out, we'll have our meals and do our activities outside on the main terrace.

When You Leave:

Upon conclusion, carry with you a renewed connection with yourself and your soul. Armed with tools to challenge limiting beliefs, you'll depart with a supportive manifestation plan & guidance for continued growth and transformation to follow your inner desires.

What's included:

Daily Yoga/Meditation, Practices, Family Constellations, Life Teachings, Sharing, Ceremonies, Psychic Healing sessions. You will also have time to reflect and relax

Mediterranean vegan/vegetarian meals, 3 times a day

Shared accommodation (double room or in multi suites) Single room is 200 euro extra in side building.



Event Details:

- Date: Wednesday, 7th February 2024 – Sunday, 11th February 2024
- Time: Start 16:00 PM - End 15:00 PM
- Investment: Private bookings at 650 Euros, reserved before 30/01/2024 (market price: 880 Euros)
- Location: Ashram Villa Sunshine, c.Malvasia 38, Sitges, Spain
- Closest airport, Barcelona. We pick up at affordable extra charge.

Reserve Your Spot:

To secure your spot, please send an email to adesh@shamanoflight.com. Space is limited, so act quickly to ensure your reservation. For any queries, feel free to contact Linda Adesh directly at +46 722511770 / www.lindaadesh.com

Additional

Individual sessions with Adesh (additional charge)

Individual Tarot Guidance with Mikael (additional charge)

Individual bodywork (additional charge)

Affordable airport transfer (additional charge)

Exciting and affordable excursions to: Holy Mountain of Barcelona or Ecologic Vinyard (addition charge)

Possibility to stay extra days before or after. Special price 65 euro/day incl breakfast

Notice: The famous Carnival in Sitges is between 6-14/2 with highlight and big parade on the 11/2 and the 13/2.

Varma hälsningar/Best regards

Mikael Reuterberg & Linda Adesh Kåreby

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Personal website: www.mikaelreuterberg.com

Professional website: www.ashramvillasunshine.com

Facebook & Instagram: @feelgoodmikael @ashramvillasunshine

Webvideo Ashram Villa Sunshine Sitges Barcelona:

<http://youtu.be/H8mF6HT3pu4>



About the Teacher - Linda Adesh:

Linda Adesh is a highly esteemed spiritual teacher with extensive experience in various practices, therapy, and holistic healing modalities. Renowned for her empathetic approach, Linda has assisted numerous individuals in awakening their inner wisdom and transforming their lives. As a visionary, she passionately explores the awakening of humanity and the vast possibilities of reality. Linda's shamanic psychic abilities and unique insights make her a guiding light towards higher soul connections. She is also the co-owner of Kärra Ashram, a hidden gem along the Swedish coastline, where she has channeled workshops, courses, and retreats offering profound insights and teachings on awakening to our true selves.

Connect with Linda Adesh:

•Website: www.lindaadesh.com

•Instagram: www.instagram.com/lindaadesh

